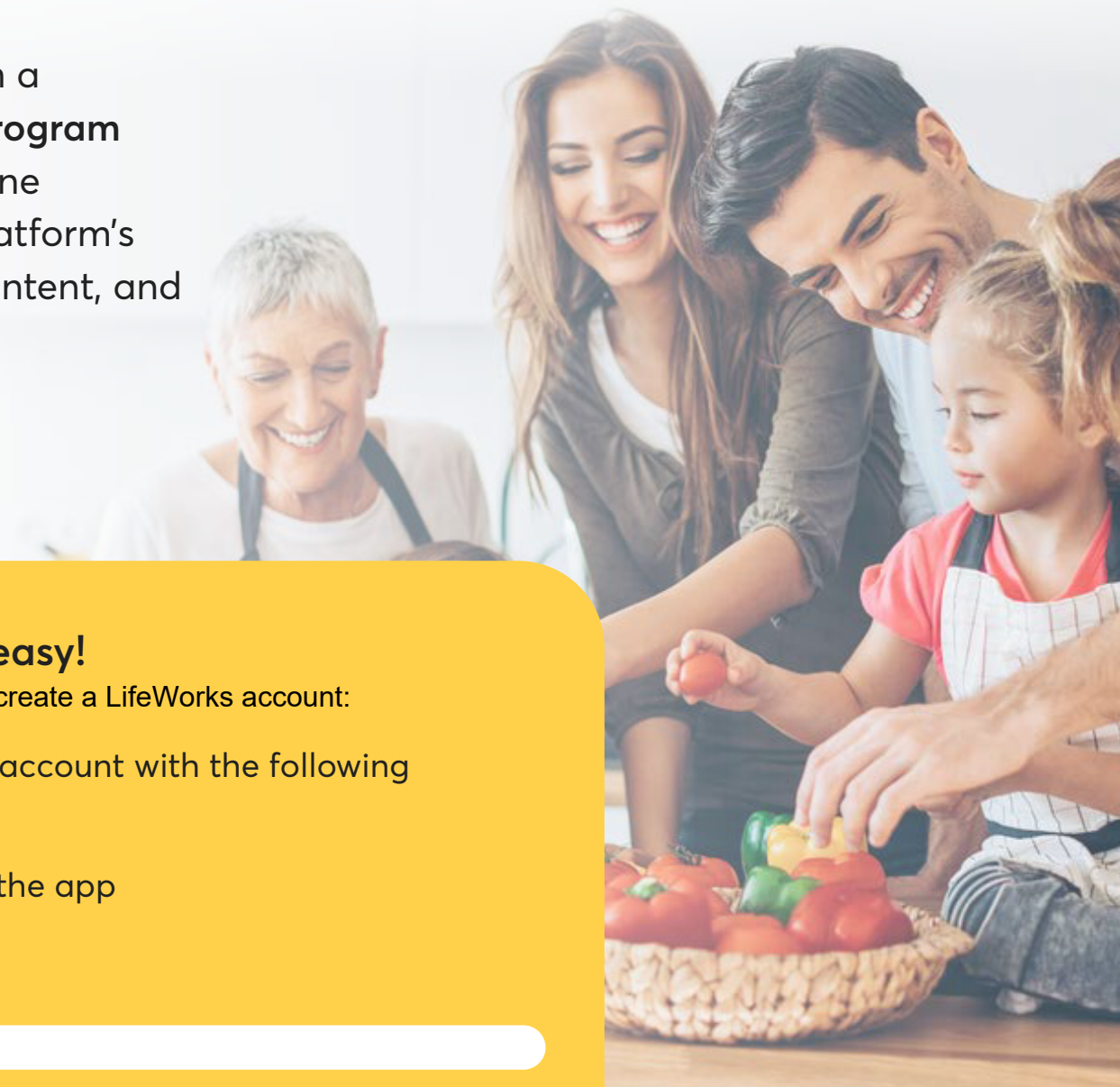


# Welcome to LifeWorks



Feel supported, connected, and rewarded every single day with expert advice, recommendations and referrals from a confidential **Employee Assistance Program (EAP)**, and convenient access to online resources and tools, including the platform's **News Feed**, a wealth of wellbeing content, and exclusive **Perks** and special offers.



## Getting started with LifeWorks is easy!

To access all features available under your plan, create a LifeWorks account:

You can access LifeWorks by creating an account with the following credentials:

1. Go to [login.lifeworks.com](https://login.lifeworks.com) or download the app

2. Click "Sign Up"

3. Your Invitation Code is

4. Your Unique Code is

To contact the LifeWorks EAP any time, 24/7, for qualified support:

To connect with LifeWorks online:  
[login.lifeworks.com](https://login.lifeworks.com) or by mobile app



Support for your immediate family members!  
Under "Profile", invite up to five dependents\* to join you on the LifeWorks platform!

For technical support, visit [help.lifeworks.com](https://help.lifeworks.com), and submit a request.

\* Dependents as defined by your benefits plan.

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